



What is Alchemy Fibre™?

Alchemy Fibre™ powder blends are patented blends of plant-based ingredients and is a slow release carbohydrate, high in dietary fibre.

Alchemy Fibre™ for Rice is our first product we introduce, to make rice healthier!

Did you know?: Jasmine white rice with Alchemy Fibre™ has:



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3X more fibre than brown rice

& it digests as slowly as brown rice!

What are the key-benefits of Alchemy Fibre™?



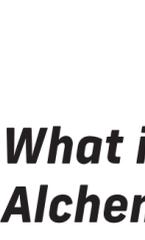
CONTROL BLOOD SUGAR LEVELS



HIGH IN DIETARY FIBRE



FEEL FULL LONGER & REDUCE 'FOOD COMA'



CONTAINS PREBIOTICS TO BOOST IMMUNITY

What is Alchemy Fibre™ for Rice made of?

Natural inulin and edible gum.

The powder blend for rice is scientifically tested to reduce the glucose release of white rice when cooked with Alchemy Fibre™, and sensory evaluations were conducted to ensure there are no significant taste difference with Alchemy Fibre™ for Rice added. All our ingredients are food-grade and safe for consumption.

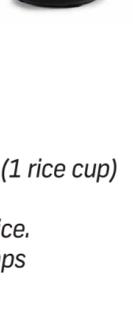
How does Alchemy Fibre™ work?

We have created a simple animation to explain about how Alchemy Fibre™ helps to reduce spikes in blood sugar levels. Click [here](#) to find out more.



Play Video

How to cook rice with Alchemy Fibre™?



1. Wash and drain rice, adding water as desired after that
2. Measure 15g (1 heaped tablespoon) of Alchemy Fibre™ for Rice with every 150g of rice (1 rice cup)
3. Combine Alchemy Fibre™ for Rice with soaked rice. Stir well to dissolve the powder, ensuring no lumps
4. Cook as you usually do in a rice cooker or steam over a stove
5. Once cooked, use a rice paddle to fluff the rice before serving. Tastes as good on its own or served with your favourite dishes!

Note:
For congee or porridge, you may use the same ratio of Alchemy Fibre™ powder to uncooked rice. Cook your congee or porridge as how you normally would with the desired amount of water.



How To Use Alchemy Fibre™

Play Video

Where can I get Alchemy Fibre™ ?

Alchemy Fibre™ - powder blend for rice is now available in our online store. Buy now at our website www.alchemyfoodtech.com. You can find us on other e-commerce platform such as **Lazada & Shopee**



Click Me Click Me Click Me

Besides that, we're making the menus of your favourite food brands healthier for you.

Check out our latest collaborations with F&B partners such as Boon Tong Kee, Bangkok Jam, Wheat Baumkuchen and more!



Click here to learn more

Who is Alchemy Foodtech?

Alchemy Foodtech is a deeptech food innovation company supported by the Singapore government. We create healthy ingredients from plants for health sustainability through everyday food.

Why sacrifice when you can satisfy?

Alchemyfoodtech.com
Alchemy_Foods
AlchemyFoodsg

#SatisfyNotSacrifice
#AlchemyFibre